2 MILE WALKING ROUTE FROM

BARNSTAPLE ALLIANCE PATHWAY PRESCRIPTIONS

Pathway Prescriptions

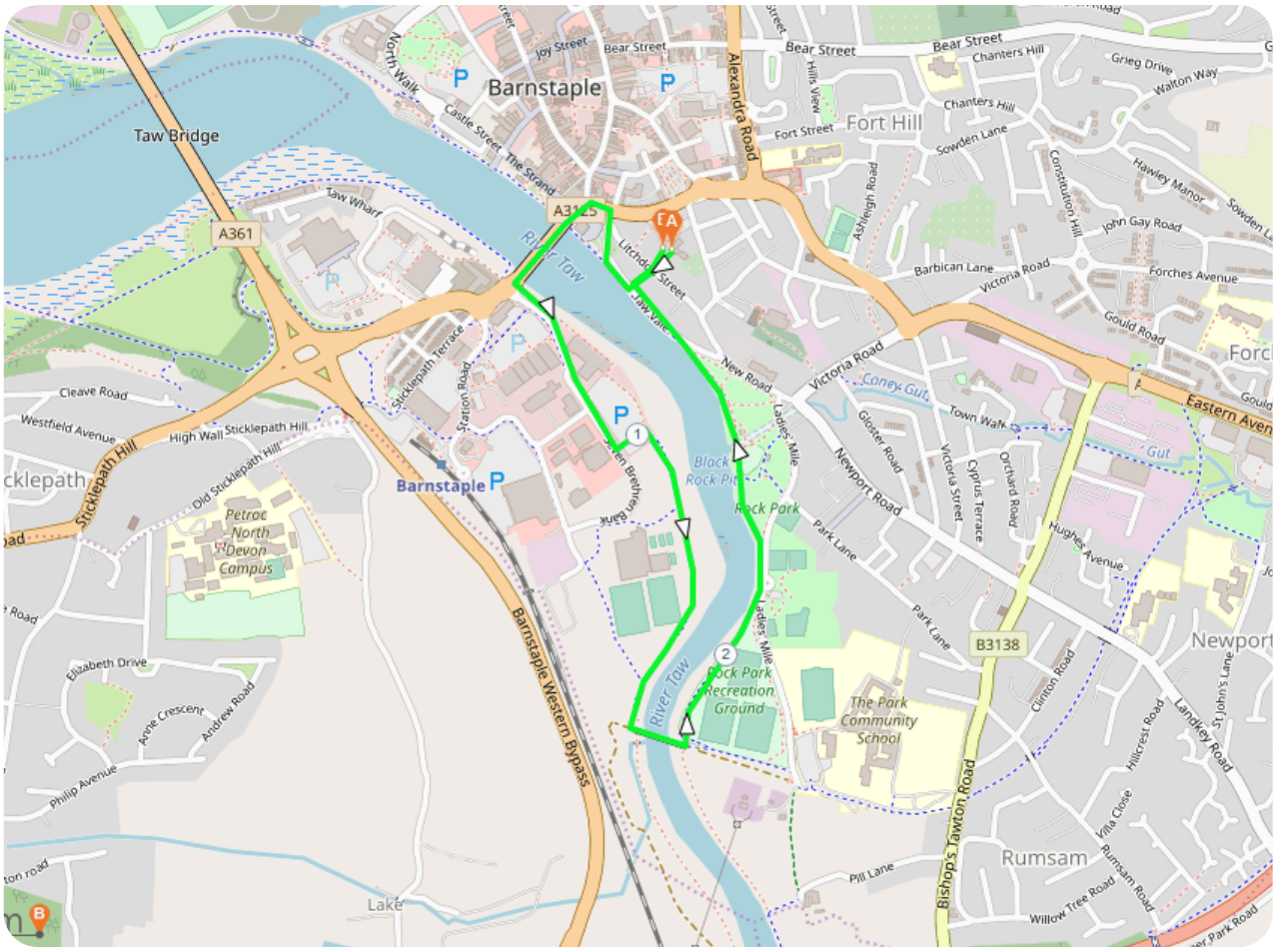
BRANNAM MEDICAL CENTRE

LONG BRIDGE - IRON BRIDGE - ROCK PARK

BRANNAM MEDICAL CENTRE

OVERVIEW

A riverside loop following the banks of the River Taw crossing two historic bridges, the Long Bridge, one of the largest medieval bridges in England, and the former Victorian railway Iron Bridge.



NHS · Barnstaple Alliance Primary Care · Brannam Medical Centre · Fremington Medical Centre · Litchdon Medical Centre · Queens Medical Centre

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BRANNAM MEDICAL CENTRE

LONG BRIDGE - IRON BRIDGE - ROCK PARK

Pathway Prescriptions

BRANNAM MEDICAL CENTRE

DIRECTIONS

1. Starting from the entrance to Brannam Medical Centre, turn left and continue straight ahead between two buildings, through Brannams Walk to reach the road. Cross over and continue straight ahead into Litchdon Lane, the road immediately opposite. Continue to reach Taw Vale road. Cross here to reach the riverside path. Turn right. Continue to reach Barnstaple Town Square & Museum.

2. Walk across the paved area in front of the museum building to reach the road. Turn left and walk straight ahead to cross Barnstaple Long Bridge.

Scan the QR code for a detailed map and to download a GPX file

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DIRECTIONS

3. Turn left at the end of the bridge to follow the path along the banks of the River Taw. Follow the right fork to take the footpath diversion around the construction site. Turn left once past the site to cross a car park and return to the riverside path.

4. Continue along the riverside footpath for approximately 600m to reach the Iron Bridge. Turn left and cross over the bridge. On the other side of the bridge turn left to descend a flight of steps to reach the riverside path. Alternatively, to avoid the steps, continue straight ahead to descend via a slope, turning left at the bottom to join the riverside path.

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DIRECTIONS

5. Walk along the riverside path following the edge of Rock Park for approximately 800m to reach an obelisk monument and the road. Continue straight ahead along the riverside pavement.

4. Continue for approximately 200m to reach a turning to Litchdon Lane on the right. Cross the road and walk along Litchdon Lane to reach another road. Cross the road and walk straight ahead into Brannam Way, following this to return to Brannam Medical Centre on the right at the end of the path.

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